

May 2023

Towns County Middle-High

Monday

1
 Chicken Tenders
 Cheesy Breadsticks
 Mashed Potatoes
 Green Beans
 Marinara Sauce
 Pretzel

8
 Beef Rotini
 Cheese Calzones
 Roasted Potatoes
 Black-eyed Peas
 Marinara
 Pretzel

15
 Deli Croissant
 Beef Rotini
 Mashed Potatoes
 Green Beans
 Roll

22

29

Tuesday

2
 Rotini
 Cheese Quesadilla
 Lima Beans
 Black-eyed Peas
 Marinara Sauce
 Cornbread

9
 Roasted Chicken
 Hamburger on Bun
 Mashed Potatoes
 Green Beans
 Roll

16
 Pizza
 Manager Choice
 Corn
 Carrots

23

30

Wednesday

3
 Gen Tso Chicken
 Mini Corndogs
 Fried Rice
 Spring Roll
 Broccoli

10
 Hot Dog
 Cheesy Breadsticks
 French Fries
 Carrots
 Coleslaw
 Marinara Sauce

17
 Manager Choice

24

31

Thursday

4
 Pizza
 Deli Croissant
 Corn
 Peas & Carrots
 Pasta Salad

11
 Pizza
 Manager Choice
 Corn
 Broccoli
 Veggie Dippers

18
 Manager Choice

25

Friday

5
 BBQ Sandwich
 Chicken Sandwich
 French Fries
 Baked Beans
 Sandwich Toppings
 Fruit Ice

12
 Cheeseburger
 PBJ Sandwich
 Baked Chips
 Sandwich Toppings
 Baked Beans
 Fruit Ice

19
 EARLY RELEASE
 Sack Lunch
 PBJ Sandwich
 Chips
 Veggie/Fruit
 Milk

26

Offered Daily

Fresh Fruit and Canned Fruit.
 Choice of 1% White Milk or 1%
 Chocolate Milk.
 Various A la Carte Items for
 sale as extra item. Must have
 cash or money on account to
 purchase extra items.

School Info

Meal Prices are:
 Full Pay Breakfast: \$2.00
 Reduced Breakfast: .30
 Full Pay Lunch: \$2.50
 Reduced Lunch: .40
 Adult Lunch: \$4.50
 Extra Foods range from \$.75 to
 \$3.00.

HARVEST OF THE MONTH



Blueberries
 Blueberries were originally
 called "star berries" because
 the blossom end is star-shaped
 with five points. They provide
 vitamin C, fiber, and iron.

Menu is subject to change
 without prior notification.

This institution is an equal
 opportunity provider.

Did you know?

The Empire State Building opened its doors
 on May 1, 1931. At the point of its
 construction, it held the record for being
 the tallest building in the world.