

# May 2023

# Towns County PK

## Monday

**1**  
Chicken Tenders  
Mashed Potatoes  
Green Beans  
Fruit  
Milk

Cereal, Juice, Milk

## Tuesday

**2**  
Rotini  
Black-eyed Peas  
Spring Blend Veggies  
Roll / Fruit  
Milk  
Mini Pancakes  
Fruit, Milk

## Wednesday

**3**  
Chicken Nuggets  
Fried Rice  
Broccoli  
Fruit  
Milk

Cereal, Fruit, Milk

## Thursday

**4**  
Pizza  
Corn  
Peas & Carrots  
Fruit  
Milk  
Mini French Toast  
Juice, Milk

## Friday

**5**  
Chicken Sandwich  
French Fries  
Baked Beans  
Fruit Ice  
Milk  
Waffles  
Fruit, Milk

**8**  
Beef Rotini  
Roasted Potatoes  
Black-eyed Peas  
Pretzel  
Fruit & Milk

Cereal, Juice, Milk

**9**  
Mini Ravioli  
Mashed Potatoes  
Green Beans  
Roll/Fruit  
Milk  
Mini Pancakes  
Fruit, Milk

**10**  
Cheesy Breadsticks  
Carrots  
Marinara Sauce  
Fruit  
Milk

Cereal, Fruit, Milk

**11**  
Pizza  
Corn  
Green Peas  
Fruit/Milk

Mini French Toast  
Juice, Milk

**12**  
Cheeseburger  
Baked Chips  
Sandwich Toppings  
Baked Beans  
Fruit Ice/Milk  
Waffles  
Fruit, Milk

**15**  
Deli Croissant  
Mashed Potatoes  
Green Beans  
Fruit  
Milk

Cereal, Juice, Milk

**16**  
Pizza  
Corn  
Carrots  
Fruit / Milk  
Mini Pancakes  
Fruit, Milk

**17**  
Manager Choice

**18**  
Manager Choice

**19**  
EARLY RELEASE  
Sack Lunch  
PBJ Sandwich  
Chips  
Veggie/Fruit  
Milk

**22**

**23**

**24**

**25**

**26**

**29**

**30**

**31**

## Did you know?

The Empire State Building opened its doors on May 1, 1931. At the point of its construction, it held the record for being the tallest building in the world.

## Offered Daily

Fresh Fruit and Canned Fruit.  
Choice of 1% White Milk or 1% Chocolate Milk.  
Various A la Carte Items for sale as extra item. Must have cash or money on account to purchase extra items.

## School Info

Meal Prices are:  
Full Pay Breakfast: \$2.00  
Reduced Breakfast: .30  
Full Pay Lunch: \$2.50  
Reduced Lunch: .40  
Adult Lunch: \$4.50  
Extra Foods range from \$.75 to \$3.00.

## HARVEST OF THE MONTH



**Blueberries**  
Blueberries were originally called "star berries" because the blossom end is star-shaped with five points. They provide vitamin C, fiber, and iron.

Menu is subject to change without prior notification.

This institution is an equal opportunity provider.