

# Towns County Elementary FEBRUARY 2015



## MONDAY

Chili With Grilled Cheese  
Ham Sandwich  
Baked Potato  
Cheesy Broccoli  
Carrot Dippers  
Fresh Fruit Variety

Bfst: Sausage or Chicken  
Biscuit/Pastry/Cereal

Cheese Quesadilla  
Ham Sandwich  
Potato Tots  
Oven Roasted California Blend  
Green Beans  
Fresh Fruit Variety

Bfst: Sausage or Chicken  
Biscuit/Pastry/Cereal

Holiday

Hot Dog  
Ham Sandwich  
Oven Fries  
Baked Beans  
Creamy Coleslaw  
Fresh Fruit Variety

Bfst: Sausage or Chicken  
Biscuit/Pastry/Cereal

## TUESDAY

Crispy Chicken Sandwich  
Homemade Meatloaf  
Creamy Mashed Potatoes  
Black-eyed Peas  
Dinner Roll  
Fresh Fruit Variety

Bfst: Egg & Cheese  
Croissant/Pancake on  
Stick/Cereal

"Brunch for Lunch"  
French Toast Sticks & Sausage  
Ham Sandwich  
Hash browns  
Fruit Juice/Peach Crisp  
Fresh Fruit Variety

Bfst: Egg & Cheese  
Croissant/Pancake on  
Stick/Cereal

Frito Pancho  
Mini Chicken Sandwich  
Whole Kernel Corn  
Oven Fries  
Lettuce & Tomato  
Fresh Fruit Variety  
Bfst: Egg & Cheese  
Croissant/Pancake on  
Stick/Cereal

Fish Nuggetsw/Hushpuppies  
Turkey Sandwich  
Whole Kernel Corn  
Sweet Glazed Carrots  
Broccoli & Raisin Salad  
Fresh Fruit Variety

Bfst: Egg & Cheese  
Croissant/Pancake on  
Stick/Cereal

## WEDNESDAY

Chili Cheese Fries  
Turkey Sandwich  
Green Beans  
Corn on the Cob  
Creamy Coleslaw  
Fresh Fruit Variety

Bfst: Breakfast  
Pizza/Pastry/Cereal

Beefy Nachos & Cheese  
Turkey Sandwich  
Sweet Glazed Carrots  
Texas Caviar  
Steamed Broccoli  
Rosy Applesauce  
Fresh Fruit Variety

Bfst: Breakfast  
Pizza/Pastry/Cereal

Baked Rotini & Breadsticks  
Turkey Sandwich  
Cheesy Broccoli  
Black-eyed Peas  
Garden Salad  
Fresh Fruit Variety

Bfst: Breakfast  
Pizza/Pastry/Cereal

Cheesestick w/ Marinara  
Roast Beef Sandwich  
Steamed Broccoli  
Oven Roasted Potatoes  
Cucumber Dippers  
Rosy Applesauce  
Fresh Fruit Variety  
Bfst: Breakfast  
Pizza/Pastry/Cereal

## THURSDAY

Mini Corn Dogs  
Ham Sandwich  
Potato Smiles  
Carrot Souffle  
Cucumber Dippers  
Fresh Fruit Variety

Bfst: Bacon or Chicken  
Biscuit/Pastry/Cereal

Holiday

Hamburger on Bun  
Grill Cheese Sandwich  
Lettuce & Tomato  
Sweet Potato Fries  
Oven Roasted Carrots  
Fresh Fruit Variety

Bfst: Bacon or Chicken  
Biscuit/Pastry/Cereal

Chicken Nuggets  
Ham Sandwich  
Macaroni & Cheese  
Oven Fries  
Carrot Dippers  
Fresh Fruit Variety

Bfst: Bacon or Chicken  
Biscuit/Pastry/Cereal

## FRIDAY

Domino's Pizza  
Sloppy Joe Sandwich  
Oven Fries  
Sweet Green Peas  
Garden Salad  
Fresh Fruit Variety

Bfst: Gravy Biscuit &  
Eggs/Pastry/Cereal

Holiday

Domino's Pizza  
Ham Sandwich  
Potato Smiles  
Green Beans  
Carrot Dippers  
Fresh Fruit Variety

Bfst: Gravy Biscuit &  
Eggs/Pastry/Cereal

Domino's Pizza  
Turkey Sandwich  
Oven Fries  
Green Beans  
Garden Salad  
Fresh Fruit Variety

Bfst: Gravy Biscuit &  
Eggs/Pastry/Cereal

## Go Indians!

- Breakfast Includes:
- Fresh Fruit Variety
  - Fruit Juice Variety
  - Milk choice that includes: White 1% or Skim, Chocolate Skim
  - Breakfast Pastry and cereal is offered daily as an entrée choice

- Lunch includes:
- Variety of Fresh Fruit usually includes apple, banana, pear or other seasonal fruits
  - Frozen Fruit Cups and Canned Fruit offered occasionally
  - Milk choice that includes White 1%, White Skim, or Chocolate Skim
  - Chef Salad and Munchable Lunch are daily lunch choices. Munchable includes: Yogurt, String Cheese, Crackers and Fruit.

Market conditions, delivery, inclement weather, or availability of food may require changes to the menu without prior notification

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."

## DID YOU KNOW?

In the Middle Ages, young men and women drew names from a bowl to see who their valentines would be. They would wear these names on their sleeves for one week. To wear your heart on your sleeve now means that it is easy for other people to know how you are feeling.