

NOVEMBER 2017

Towns County Middle-High



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW?

American football is the main sport watched in the United States during this month.

6
Chicken Parmesan
With Pasta
Hot Dogs
Oven Fries, Coleslaw
Roasted Carrots
Assorted Fruit

Bkfst: Chicken Biscuit, Pastry or Cereal

7
Beef Stroganoff
BBQ Carnita
Baked Potato
Dinner Roll
Broccoli with Cheese
Assorted Fruit

Bkfst: Sausage/Eggs/Grits/Biscuit, Pastry or Cereal

8
Chicken Alfredo
Hamburger
Potatoes O'Brien
Green Beans
Assorted Fruit

Bkfst: Bacon Biscuit, Pastry or Cereal

9
Pizza
Chicken Sandwich
Whole Kernel Corn
Green Peas
Pasta Salad, Pudding
Assorted Fruit

Bkfst: Sausage Biscuit, Pastry or Cereal

3
NATIONAL SANDWICH DAY
Assorted Cold Sandwiches
Assorted Hot Sandwiches
Assorted Baked Chips
Assorted Soups
Baked Beans
Assorted Fruit

Bkfst: Gravy Biscuit, Pastry or Cereal

10
TEACHER WORKDAY

13
Beef Taco
Cheese Quesadilla
Spanish Rice
Mexicali Corn
Marinara Sauce & Salsa
Assorted Fruit

Bkfst: Chicken Biscuit, Pastry or Cereal

14
Chicken Sandwich
EZ-Jammer Sandwich
Oven Fries
Baked Beans
Coleslaw
Assorted Fruit

Bkfst: Sausage/Eggs/Grits/Biscuit, Pastry or Cereal

15
Sliced Turkey
Corn Dog
Cornbread Stuffing
Sweet Potato Soufflé
Green Beans
Gravy, Cranberry Sauce
Assorted Fruit

Bkfst: Bacon Biscuit, Pastry or Cereal

16
Philly Cheese Steak
Turkey Sandwich
Assorted Chips
Pinto Beans
Green Peas
Assorted Fruit

Bkfst: Sausage Biscuit, Pastry or Cereal

17
Pizza
Hamburger
Roasted Broccoli
Whole Kernel Corn
Veggie Dippers
Assorted Fruit

Bkfst: Gravy Biscuit, Pastry or Cereal

20
THANKSGIVING
BREAK

21
THANKSGIVING
BREAK

22
THANKSGIVING
BREAK

23
THANKSGIVING
BREAK

24
THANKSGIVING
BREAK

27
Chicken Tenders
BBQ Sandwich
Mashed Potatoes
Green Beans
Gravy, Biscuit
Assorted Fruit

Bkfst: Chicken Biscuit, Pastry or Cereal

28
Waffles & Chicken
Mini corn dogs
Hashbrown, Salad Bar
Wango Mango or Sunset Sip
Juice
Assorted Fruit

Bkfst: Sausage/Eggs/Grits/Biscuit, Pastry or Cereal

29
Hamburger
Hot Dog
Oven Fries
Baked Beans
Coleslaw
Assorted Fruit

Bkfst: Bacon Biscuit, Pastry or Cereal

30
Chicken Parmesan
Sandwich
Pulled Pork with Gravy
Alfredo Pasta
Green Peas
Assorted Fruit

Bkfst: Sausage Biscuit, Pastry or Cereal

AVAILABLE DAILY

Fresh Salad Bar, Soup / Fresh Fruit / Deli Sandwich / Choice of Low-fat or Chocolate & Strawberry Milk. Various A La Carte items available for purchase. Condiments and Dressings available on Serving Line.

BREAKFAST INCLUDES:
100% Fruit Juice, Assorted Fresh Fruit, Choice of Low Fat or Chocolate & strawberry Milk, Yogurt Smoothie

NO SALAD BAR OR SOUP ON THE 15TH, 16TH AND 17TH.

Full Price Breakfast: \$1.00
Reduced Breakfast: \$.30
School Staff Breakfast: \$1.60
Visitor Breakfast: \$2.00

Full Price Lunch: \$2.10
Reduced Lunch: \$.40
School Staff Lunch: \$3.45
Visitor Lunch: \$4.00

LOCAL FOODS THIS MONTH:
Apples, Cabbage, Cucumbers, Sweet Potatoes, Strawberries, Tomatoes, Chicken Patty, Popcorn Chicken

Menu is subject to change due to availability.

This Institution is an equal opportunity provider.

