

Towns County Middle-High



February 2012

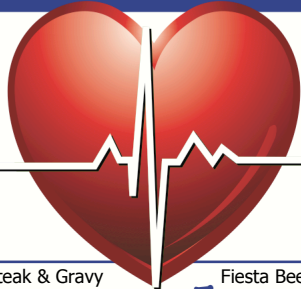
Monday

Tuesday

Wednesday

Thursday

Friday



		<p>1 Spicy Chicken Sandwich Sub Sandwich Taco Bar Refried Beans Mexicali Corn Lettuce/Tomato/Pickle Orange Smiles</p> <p>Bfst: Choice of Breakfast Pizza, Chicken Biscuit or Frudel</p>	<p>2 Chicken & Dumplings Cheesy Flatbread Pizza Burger Bar Field Peas Pipin' Hot Okra Celery Sticks Fruit Cobbler</p> <p>Bfst: Choice of Sausage Biscuit, Chicken Biscuit or Whole Wheat Breakfast Bun</p>	<p>3 Fish Nuggets & Hushpuppies Beefy Hotdogs Pizza Bar Baked Beans Curly Fries Creamy Cole Slaw Chilled Fruit</p> <p>Bfst: Choice of Biscuit/Gravy/Eggs or Poptart</p>	<p>Breakfast Includes:</p> <ul style="list-style-type: none"> ➤ Choice of Entrée or Cereal with Toast ➤ Variety of Fresh Fruit and Juice ➤ Milk choice that includes: White ➤ 1%, skim, or Chocolate ½% *****
<p>6 Country Steak & Gravy Vegetable Soup & Grilled Cheese Pizza Bar Fluffy Rice Green Beans Squash Medley Applesauce</p> <p>Bfst: Choice of Breakfast Bagel, Chicken Biscuit or Sun Morning Mix Up</p>	<p>7 Fiesta Beef Nachos Hot Ham & Cheese Chicken Filet Bar Black Bean Salad Oven Fries Whole Kernel Corn Chilled Fruit</p> <p>Bfst: Choice of Bacon Biscuit, Chicken Biscuit or Mini Pancakes</p>	<p>8 BBQ Sandwich Chicken Tenders Baked Potato Bar Sweet Green Peas Potato Smiles Carrot Dippers Creamy Pudding</p> <p>Bfst: Choice of Breakfast Pizza, Chicken Biscuit or Frudel</p>	<p>9 General Tso Chicken Sub Sandwich Burger Bar Asian Rice Green Garden Salad Sweet Potato Fries Peas & Carrots Fresh Baked Cookie</p> <p>Bfst: Choice of Sausage Biscuit, Chicken Biscuit or WW Breakfast Bun</p>	<p>10 Boneless Hot Wings Mini Burgers Pizza Bar Black-eyed Peas Whole Buttery Potatoes Garden Salad Chilled Fruit</p> <p>Bfst: Choice of Biscuit/Gravy/Eggs or Poptart</p>	<p>Lunch includes:</p> <ul style="list-style-type: none"> ➤ Variety of Fresh Fruit ➤ Milk choice that includes White 1%, Skim, or Chocolate, Strawberry or Vanilla ½% ➤ Entrée choice of Yogurt offered every day
<p>13 Cheese Quesadilla w/Sauce Fish Sandwich Pizza Bar Creamy Cole Slaw Broccoli & Cheese Carrot Dippers Freezing Fruit Cup</p> <p>Bfst: Choice of Breakfast Bagel, Chicken Biscuit or Sun Morning Mix Up</p>	<p>14 Mama Mia Spaghetti Turkey Sandwich Chicken Filet Bar Garden Salad Whole Kernel Corn Sweet Green Peas Breadstick Chilled Fruit</p> <p>Bfst: Choice of Bacon Biscuit, Chicken Biscuit or Mini Pancakes</p>	<p>15 Chicken Nuggets Beef & Bean Burrito Soup & Sandwich Bar Creamy Mashed Potatoes Green Beans Garden Salad Peach Crisp</p> <p>Bfst: Choice of Breakfast Pizza, Chicken Biscuit or Frudel</p>	<p>16 Tangerine Chicken & Rice Bowl Ham Sandwich Burger Bar Oriental Veggies Baked Sweet Potato Spinach Salad Mandarin Oranges</p> <p>Bfst: Choice of Sausage Biscuit, Chicken Biscuit or Whole Wheat Breakfast Bun</p>	<p>17 Philly Cheese Steak Sandwich Mini Corndogs Pizza Bar Grilled Peppers & Onions Potato Smiles Carrot Coins Chilled Fruit</p> <p>Bfst: Choice of Biscuit/Gravy/Eggs or Poptart</p>	<p>Market conditions, delivery, inclement weather, or availability of food may require changes to the menu.</p>
<p>20 Holiday</p>	<p>21 "Brunch for Lunch" French Toast Sticks & Sausage Breakfast Pizza Chicken Filet Bar Hashbrown Cheesy Grits Chilled Fruit Fruit Juice</p> <p>Bfst: Choice of Bacon Biscuit, Chicken Biscuit or Mini Pancakes</p>	<p>22 Spicy Chicken Sandwich Sub Sandwich Taco Bar Refried Beans Mexicali Corn Lettuce/Tomato/Pickle Orange Smiles</p> <p>Bfst: Choice of Breakfast Pizza, Chicken Biscuit or Frudel</p>	<p>23 Chicken & Dumplings Cheesy Flatbread Pizza Burger Bar Field Peas Pipin' Hot Okra Celery Sticks Fruit Cobbler</p> <p>Bfst: Choice of Sausage Biscuit, Chicken Biscuit or Whole Wheat Breakfast Bun</p>	<p>24 Fish Nuggets & Hushpuppies Beefy Hotdogs Pizza Bar Baked Beans Curly Fries Creamy Cole Slaw Chilled Fruit</p> <p>Bfst: Choice of Biscuit/Gravy/Eggs or Poptart</p>	<p>This institution is an equal opportunity provider.</p>
<p>27 Country Steak & Gravy Vegetable Soup & Grilled Cheese Pizza Bar Fluffy Rice Green Beans Squash Medley Applesauce</p> <p>Bfst: Choice of Breakfast Bagel, Chicken Biscuit or Sun Morning Mix Up</p>	<p>28 Fiesta Beef Nachos Hot Ham & Cheese Chicken Filet Bar Black Bean Salad Oven Fries Whole Kernel Corn Chilled Fruit</p> <p>Bfst: Choice of Bacon Biscuit, Chicken Biscuit or Mini Pancakes</p>	<p>29 BBQ Sandwich Chicken Tenders Baked Potato Bar Sweet Green Peas Potato Smiles Carrot Dippers Creamy Pudding</p> <p>Bfst: Choice of Breakfast Pizza, Chicken Biscuit or Frudel</p>			