

Triennial Assessment Tool

Every three years or more often if the district desires, the district must conduct an assessment of the wellness policy that is made available to the public. The evaluation must address:

- Compliance with the district policy
- The extent to which the local wellness policy compares to a Model Policy
- Progress made in attaining the goals of the wellness policy

The first triennial assessment should be completed by June 30, 2023, or earlier. The second triennial assessment is due 3 years from the completion of the first triennial assessment. **Districts are required to make the Local Wellness Policy and Triennial Assessment results available to the public.**

Date of Assessment: 06/03/2025 Name of District : Towns County Number of Schools in District: 3

Nutrition Education Goal(s):	Status (select one):	Number of Compliant Schools:	Notes:
1. All ninth graders are required to take a health and physical education class.	Completed	1	
2. Nutritional links are provided on the school website.	Partially Completed	3	
3. Menus provide educational information about the fruit or vegetable of the month.	Completed	3	
4.	Choose an item.		
5.	Choose an item.		
Nutrition Promotion Goal(s):	Status (select one):	Number of Compliant Schools:	Notes:
1. Harvest of the month resources will be listed on all menus for the whole school year.	Completed	3	GADOE harvest of the month resources are featured on the menus at all schools each month.
2. The school nurses have assorted health related pamphlets available and posters promoting healthy habits.	Completed	3	The nurses station has educational material available for students and staff. They keep extra feminine products available for older students that may need them. Posters promoting healthy habits are posted throughout the nurse's station and the area surrounding it.
3. Drinking water is made available free of charge to all students.	Completed	3	Water bottle stations are available in all hallways and cafeteria areas.

4. Locally grown produce will be the produce of choice for Towns County Schools.	Completed	3	Towns County Schools was recognized by the GA. Dept. of Education as a 20/20 vision district. Ga. Grown foods were included in 20% or more of each school meal in the district. We participated in the Local Foods For Schools Program. We were allocated federal funds to purchase locally grown fruits, vegetables, grains, meat, honey to serve our students for the last two years. We participated in the Culinary Support Program in SY25.
5.	Choose an item.		
Physical Activity Goal(s):	Status (select one):	Number of Compliant Schools:	Notes:
1. Physical education classes are consistent with standards and are available to students on a consistent basis.	Completed	3	Elementary students have PE twice per week and recess daily. Ninth grade students have 1 mandatory semester of PE. Middle school offers PE as a connection class. There are various weight training and body sculpting classes offered at the middle and high school levels.
2.	Choose an item.		
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		

Other School-Based Activities that Promote Student Wellness Goal(s):	Status (select one):	Number of Compliant Schools:	Notes:
1. Health services are provided by two full time nurses.	Completed	3	Our school system has one centrally located nurses station with two full time nurses available every day for students and staff.
2. Counseling, psychological and social services provided by a full-time counselor in each school building. .	Completed	3	Each school has a full-time counselor that is available for all students.
3. Speech, psychologist, and visual assistant for students that need extra assistance.	Completed	3	We have a full-time speech teacher/therapist on staff that assists in all 3 schools. We have a visual

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			assistant for students that are blind and need extra assistance. There is also psychologist available for students that need assistance.
4.	Choose an item.		
5.	Choose an item.		
Nutrition Guidelines for All Foods and Beverages Sold to Students	Status (select one):	Number of Compliant Schools:	Notes:
1. A la Carte foods and beverages sold to students by school nutrition service adhere to the HHFKA of 2010 sale of competitive foods.	Completed	3	Towns County School Nutrition does not sell items that do not meet Smart Snack guidelines in any of the cafeterias.
2. All foods and beverages available on campus and sold as fundraisers adhere to the HHFKA of 2010.	Partially Completed	1	The elementary school ice cream sales meet HHFKA of 2010. The vending machines at the middle and high school are not in compliance. More education and support is needed.
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		
Nutrition Guidelines for All Foods and Beverages Not Sold to Students <i>(i.e., classroom parties, foods given as reward)</i>	Status (select one):	Number of Compliant Schools:	Notes:
1. Food provided during classroom parties should meet the nutrition guidelines set for schools.	Not Completed	0	More education and support are needed.
2.	Choose an item.		
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		
Policies for Food and Beverage Marketing	Status (select one):	Number of Compliant Schools:	Notes:
1. Only foods that meet nutritional guidelines and Smart Snack compliance can be marketed to students.	Partially Completed	2	The posters and signage in all cafeterias comply. Vending machines in the middle and high win out over the smart snack advertisements.
2.	Choose an item.		
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		

Wellness Policy Leadership <i>Name of school official(s) who are responsible to ensure compliance.</i>	Title and School	Notes:
1. Rebecca Mullins	School Nutrition Director	
2. Rebecca Flanagan	School Nurse	
3. Jessica Beck	School Nurse	
4.		
5.		
Wellness Committee Involvement <i>List of committee members' names</i>	Title and Organization	Notes:
1. Superintendent, or designee, is responsible for overseeing the implementation of the Wellness Program and compliance with the policy.	School Nutrition Director	The Wellness committee initially consisted of the nutrition director, each principal and several teachers and teachers' assistants. The committee has not been consistent in holding meetings due to staff changes. The nutrition director and school nurses meet as needed. We are working on setting goals.
3.		
4.		
5.		
Public Notification <i>Where it is posted i.e., webpage, handbook, etc.</i>	How often it is updated/released:	Notes:
1. Wellness Policy and Competitive Food Policy is posted on the SN website.	Annually	
2. Triennial Assessment is posted on the SN website.	Every three years	
3. Wellness Policy and Competitive Food Policy are posted in the handbooks.	Annually	
4.		
5.		

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KEY	
Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal

Local Wellness Policy Assessment Comparison to a Model Policy

The Local Wellness Policy Final Rule requires districts to assess the extent to which their Local Wellness Policy aligns with model policies at least once every three years. Use this form to assess how your policy compares to the Model Policy. Identify the areas of strength and success and the areas the district wants to work on in the coming years. **Districts are required to make the Local Wellness Policy and Triennial Assessment results available to the public.**

District Name: Towns County

Date: 6/3/2025

		Yes/No	Comments
1	Policy contains specific language regarding nutrition education.	Yes	The school cafeteria serves as a learning laboratory to support classroom instruction through menu offerings, point-of-sale information, signage, bulletin boards, and social media platforms.
2	Policy contains specific language regarding nutrition promotion.	Yes	The school cafeteria serves as a learning laboratory to support classroom instruction through menu offerings, point-of-sale information, signage, bulletin boards, and social media platforms.
3	Policy contains specific language regarding physical activity as part of health education.	Yes	Physical education classes provide the environment where students learn, practice and are assessed on developmentally appropriate motor skills, knowledge and personal fitness.
4	Policy contains specific language regarding increased student activity including physical activity breaks, active academics, and before and after school activities.	No	A recess period/unstructured break is allowed in grades K-5, per state regulation. Physical education includes instruction in individual activities as well as competitive and non-competitive team sports.

			A variety of extracurricular programs are provided that promote physical activity.
5	Policy contains specific language regarding health education curriculum requirements on healthy eating.	Yes	Health Education- Implement health education that provides students with the knowledge, attitudes, skills, and experiences as needed for healthy eating and physical activity Health Education is required in ninth grade for all students. Schools follow the Georgia health education curriculum. Nutrition education is integrated into the curriculum. The school cafeteria serves as a learning laboratory to support classroom instruction through menu offerings, point-of-sale information, signage, bulletin boards, and social media platforms.
6	Policy contains specific language regarding other activities that promote student wellness. This includes community partnerships, family engagement, staff wellness, and professional learning.	No	This is something that we can look at for the upcoming school year.
7	Policy contains specific language regarding nutrition requirements established by local, state, and federal regulations.	Yes	School Nutrition Programs comply with federal, state and local requirements. Nutrition Programs are available to all students. Students at all grade levels shall have daily choices of menus or choices within food items represented on the day's menu.
8	Policy contains specific language regarding competitive foods and beverages.	Yes	All foods and beverages available on campus and sold as fundraisers adhere to Healthy, Hunger-Free Kids Act of 2010.
9	Policy contains specific language regarding food use in celebrations and rewards.	Yes	When using food as part of the class or as a student incentive program, staff and students are encouraged to utilize healthy, nutritious food choices. Food should not be used as punishment in any way.
10	Policy contains specific language regarding fundraising guidelines.	Yes	All fundraising guidelines are addressed in the Competitive Food Policy. This policy is part of the Wellness Policy.
11	Policy contains specific language regarding food and beverage marketing in schools.	Yes	A la Carte foods and beverages sold adhere to the HHFKA of 2010 sale of competitive foods standards. See Competitive Food Policy.

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12	Policy contains specific language regarding water availability and promotion.	Yes	Drinking water is available at no cost to students at meals and throughout the school day. Water bottle filling stations are in every hall and cafeteria. Cups are provided for students without a water bottle.
13	Policy contains specific language regarding promotion of healthy food and beverages.	Yes	
14	Policy contains specific language regarding staff qualifications and professional development.	Yes	
15	Policy contains specific language regarding community involvement, including outreach and communication to the community.	No	This is something that needs to be implemented in the near future. We are making plans to discuss this in the upcoming school year.
16	School Food Authority (SFA) has convened a Wellness Committee.	Yes	
17	Wellness committee meets at least 4 times per year.	Yes	
18	Committee includes representatives from all school levels and include (to the extent possible) but not limited to: parents and caregivers; students; representatives from school nutrition department; physical education teachers; health education teachers; school health professionals; school health services staff; mental health and social services staff; school administrators; school board members; and the general public.	No	Currently the committee is only the nutrition director and the school nurses. We are working on extending the committee and hopefully getting more people involved.
19	The SFA has developed and maintains a plan for managing and coordinating the execution of the policy. This plan delineates roles, responsibilities, actions, and timelines specific to each school.	Yes	
20	The SFA has convened the district wellness committee and facilitate development of and updates to wellness policy and will ensure each school's compliance with the policy.	Yes	
21	SFA has retained records that document compliance with policy requirements.	Yes	
22	SFA annually informs families and the public of basic policy information. Information includes policy content, updates, and implementation status.	Yes	SN website regularly and handbooks annually
23	The SFA has evaluated compliance with the policy to assess implementation. The evaluation occurs triennially, and results are	Yes	This is the second assessment

	posted publicly. If the assessment has not occurred, determine plans for the evaluation.		
24	Following the triennial evaluation, the policy was assessed and updated as needed. If this has not occurred what are plans to assess and update the policy?	Yes	The policy was updated and will be posted as soon as approved.